

Protect your assets,  
yourself and your  
relationships with  
financial information in  
a relaxed setting.



What we don't know can  
put us at financial risk.

Let's talk about it together.



# Financial Information Sessions for Seniors

*Protect Yourself  
with Knowledge*



**Edmonton**



**To book a specific module  
or the full series contact**

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## Seniors Financial Empowerment Network

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Community partners working together developed these 7 modules to educate older adults.

### SFEN Modules

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**Me and My Helpers** - Learn more about joint accounts, powers of attorney, personal directives and other supported decision making.

**Me and My Inheritors** - Learn more about joint land property, informal trusteeships, what happens at death, wills and estates.

**Me and My Money** - Learn more about Old Age Security, Guaranteed Income Savings accounts, reverse mortgages, ATM's, savings and credit.

## SFEN Modules continued

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**Me and My Place** - Learn more about property tax deferral, moving into condos, assisted housing and when to sell your home.

**Me Versus Them** - Learn to recognize a scam, how to avoid being a victim of fraud, and who to contact if it happens.

**Me, Myself and My Family, Part 1**  
Learn how to communicate more effectively with family and friends, when dealing with difficult financial situations.

**Me, Myself and My Family, Part 2**  
Learn how to recognize and develop healthy boundaries around your finances with family and friends.

***The modules can be delivered as a series or groups can choose a single session.***

## What seniors have said

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**“I think this is good information to offer other seniors. I wish I had this session before I made my will.”**

*- Me and My Inheritors*

**“We are a generation of pleasers, so at the end of life we need supportive suggestions to be healthier and please ourselves for a change.”**

*-Me, Myself and My Family*

**“Don't let yourself be shamed into actions you disagree with.”**

*- Me vs Them: Frauds and Scams*



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