

# Seniors Coordinated Outreach



Seniors Coordinated Outreach is a program comprised of organizations across Edmonton that have Outreach and Support workers who can help connect Older Adults to relevant services and programs in our city.

This program can help you access a variety of supports in community:

- Applying for Old Age Security or the Canada Pension Plan
- Navigating community services
- We're here to help, if you need support as a senior just ask!



Call 211 and press 2 for the Seniors Information Phone Line. An operator will guide you to one of the following organizations that can support you. See map on back page.

|   |  |   |   |  |
|---|--|---|---|--|
|  <p><b>ASSIST<br/>Community<br/>Services Centre</b></p>           |  <p><b>Bent Arrow<br/>Traditional<br/>Healing<br/>Society</b></p> |  <p><b>Edmonton<br/>Mennonite<br/>Centre for<br/>Newcomers</b></p> |  <p><b>Jewish<br/>Family<br/>Services<br/>(Everyone<br/>Welcome)</b></p> |  <p><b>Multicultural<br/>Health<br/>Brokers<br/>Cooperative</b></p> |
|  <p><b>Operation<br/>Friendship<br/>Seniors<br/>Society</b></p> |  <p><b>Sage Seniors<br/>Association</b></p>                     |  <p><b>Strathcona<br/>Place Seniors<br/>Society</b></p>          |  <p><b>The Shaama<br/>Centre</b></p>                                   |  <p><b>Westend<br/>Seniors<br/>Activity<br/>Centre</b></p>        |

**Coordinated  
Outreach  
Info/Map:**  
[www.shorturl.at/gkrJ8](http://www.shorturl.at/gkrJ8)

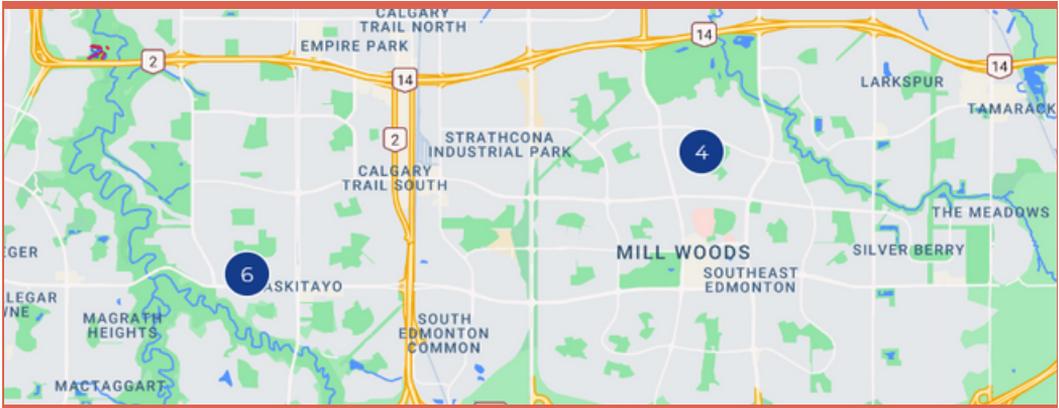
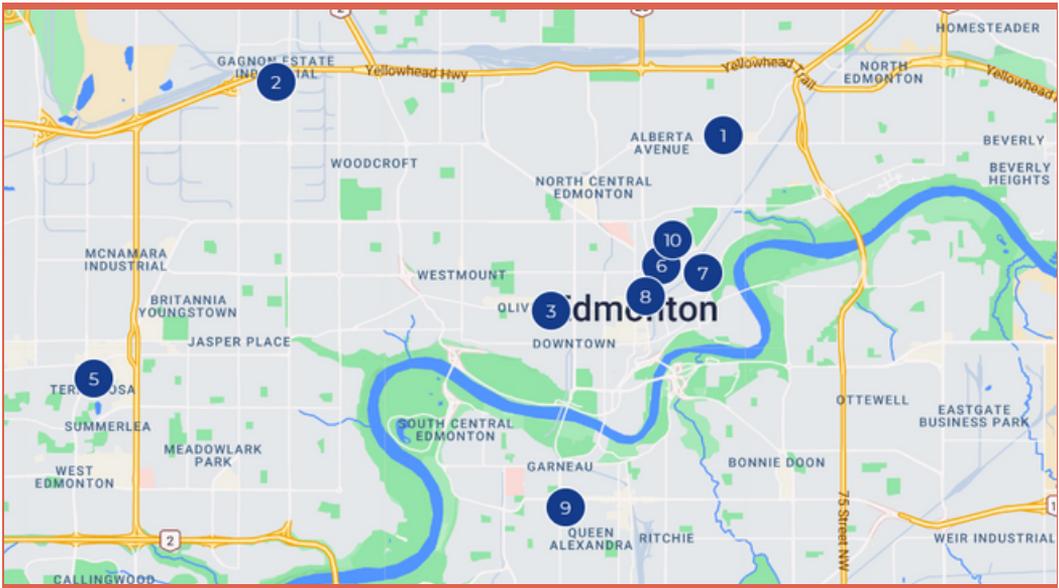


**Seniors Home  
Supports  
Program Info:**  
[www.shorturl.at/pEKQX](http://www.shorturl.at/pEKQX)



**Social  
Prescribing  
Info:**  
[www.shorturl.at/awGT5](http://www.shorturl.at/awGT5)





**1. Bent Arrow Traditional Healing Society**

11648 85 Street NW,  
Edmonton, AB T5B 3E5  
(780) 481-3451

**2. Jewish Family Services (Welcomes all individuals)**

104 15023- 123 Ave NW  
Edmonton T5V1J7  
(780) 454-1194

**3. Edmonton Mennonite Centre for Newcomers**

10170 112 St NW,  
Edmonton, AB T5K 2L6

**4. The Shaama Centre**

329 Woodvale Rd W,  
Edmonton, AB T6L 3Z7  
(780) 465-2992

**5. Westend Seniors Activity Centre**

9629 176 St NW, Edmonton,  
AB T5T 6B3  
(780) 483-1209

**6. ASSIST Community Services Centre**

9649 105A Ave, Edmonton,  
AB T5H 0M3  
Can travel to 810 Saddleback  
Rd NW, Edmonton, AB T6J  
4W4  
(780) 429-3111

**7. Operation Friendship Seniors Society**

10310 93 Street NW,  
Edmonton, AB, T5H 1X1  
(780) 429-2626

**8. Sage Seniors Association**

15 Sir Winston Churchill  
Square, Edmonton, AB  
T5J 2E5  
(780) 423-5510

**9. Strathcona Place Seniors Society**

10831 University Ave,  
Edmonton, AB T6E 4R1  
(780) 433-5807

**10. Multicultural Health Brokers Cooperative**

9538 107 Ave NW,  
Edmonton, AB T5H 0T7  
(780) 423-1973