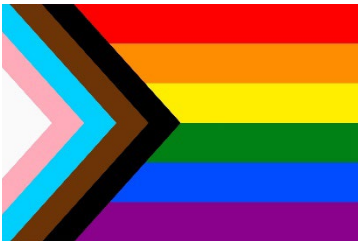




The Edmonton Seniors Coordinating Council brings people, ideas, and information together to build collaborative approaches to services, supports, and circumstances affecting older adults.

Senior Sector Spotlight

2SLGBTQ+ Yesterday & Today's Journey



In recognition of Pride Month, ESCC is hosting a **FREE** information session with Michael Phair for **all seniors sector workers and organizations** to highlight what we can do to help older 2SLGBTQ+ feel safe and welcome in the seniors sector community.

Date: Wednesday, June 19

Location: Central Lions Seniors Association, 11113 113 St NW

Agenda:

- 9:00 am - Continental Breakfast

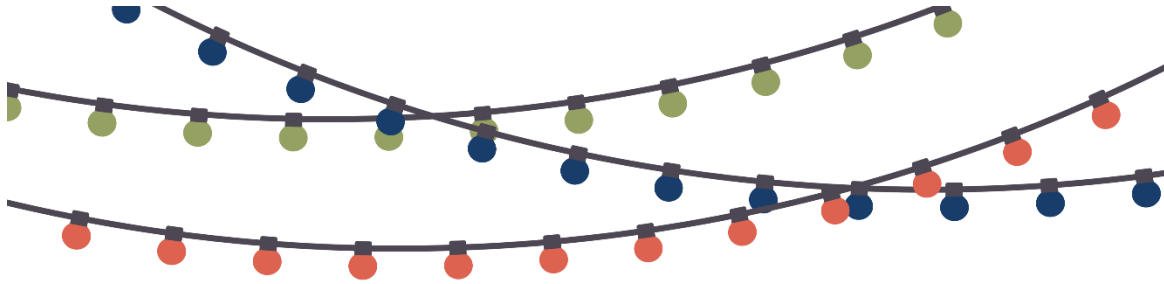
- 9:30 am - **Michael Phair: 2SLGBTQ+ Yesterday & Today's Journey**
- 10:45 am - Coffee Break
- 11 am - **Toolkit for Fostering Inclusion in Senior Serving Organizations**

Michael Phair's presentation of his journey and community will highlight the importance of being visible to oneself and the general public. Citing barriers and resilience in moving forward from the past, Michael will talk about what today's journey looks like. His talk will provide some thoughts on the future for older 2SLGBTQ+ persons with a discussion to follow.

[Register Here](#)

Be featured in a Senior Sector Spotlight!
Help others learn more about your organization with
a Senior Sector Spotlight feature.

Contact
[communications@
seniorscouncil.net](mailto:communications@seniorscouncil.net)
for more info



Happy Seniors' Week Edmonton!

June 3 to 9, 2024



EDMONTON
Age Friendly
Alliance

Seniors' Week Kick-Off

Celebrating the Diversity of Edmonton Seniors!

June 3, 2024 | 10:00 AM | City Hall

Join us for this FREE event at City Hall!

Come and help us celebrate the diversity and contributions of Edmonton's older adults through artistic performances, food, and meeting new people. Be a part of this fun event that will showcase the talents of different artisans from various cultures.

Learn More & Register:

seniorsweek2024.eventbrite.com



Check out these other Seniors' Week
Events:



Alberta Seniors' Week Celebration

Sherwood Park

June 4 | 9:30 am to 2 pm

[More information >](#)



Royal Alberta Museum

Visitors ages 65+ are FREE from June 4-9

June 4 | Kick-Off Event 10 am to 2 pm

See us there!

[More information >](#)



St. Andrew's Centre

Health & Wellness Fair

June 5 | 10 am to 3 pm

12720 - 111 Avenue

See us there!



The Shaama Centre

Seniors' Week Celebration

June 5 | 12 to 4 pm

[Download Poster Here](#)



**Older,
Bolder,
Better!™**
Seniors Exhibition
& Symposium

Westend Seniors Activity Centre

Older, Bolder, Better!

June 6 | 9 am to 2 pm

See us there!

[More information >](#)



Join **Sage** and friends for a **free outdoor concert** featuring The Parklanders.

June 6 | 11:30 am to 1:30 pm

Churchill Square Downtown

[More information >](#)

South East Edmonton Seniors Association

Seniors' Week events everyday June 3 to 7



[Download Poster Here](#)



Mill Woods Seniors Association

Seniors' Week events everyday June 3 to 7

[List of events >](#)

Collaborative Corner

Updates on collaborations that advance issues and seek better, sustainable ways of working together in support of older adults.

Social Prescribing



Up to **80 per cent** of a person's health depends on social determinants of health like adequate food, housing, income and relations with others. Social prescribing is an approach to healthcare that views older adults holistically. It recognizes that clients are more than their current challenges and needs – they also have unique goals, passions and gifts.

But what does Social Prescribing look like in practice?

View Carol and Paul's Story to learn about how our Link Workers support client and the impact Social Prescribing has had on their overall well-being.

[Read Carol and Paul's Story](#)

Edmonton Age Friendly Alliance



Corporate Challenge



Bowling



COE Challenge



Trivia Night

Corporate Challenge 2024 began on May 15 and will wrap up on June 9. EAFA and ESCC have brought their energy and enthusiasm to many events so far.

Please join us for Park Day on June 9 at Borden Park. Yay team spirit!

Call for Donations!

Edmonton Age Friendly Alliance is championing the “Carts for At-Risk Indigenous Seniors” initiative to collect and deliver sturdy carts with food, self-care, and other items to brighten the day of seniors in need.

You are invited to contribute items from the list below. Items are needed by June 5, 2024. This work supports a need identified by Metis Child and Family Services for seniors whose well-being is at risk. Our goal is to put together 26 carts to include the items listed below.

For more information please contact: Kym@seniorscouncil.net

Items needed in quantities of 26:

- 5lb Bags of Flour
- Salt
- Blankets
- Face Wipes
- Baking Powder
- Hand Lotion
- Toilet Paper
- Tea Towels
- 1lb Lard
- Slippers
- Socks
- Porridge



New EAFA T-shirts



Qualicare - Dana Chan

Donated 26 boxes of tissue for Acts of Kindness



Bunnock

THANK YOU!

Corporate Challenge

June is...

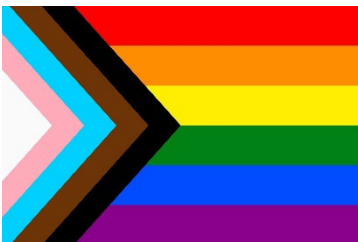
National
Indigenous
History
Month



**National Indigenous History
Month**

We recognize June as a time to learn more about the rich history, unique cultures and traditions, resilience and diversity of First Nations, Inuit and Métis peoples, who have lived on this land since time immemorial.

[Learn more about and how you can participate >](#)



Pride Month

Edmonton Pride Seniors Group

Works to create safe and inclusive spaces for older 2SLGBTQ+ in Edmonton.

[More information >](#)



June 15 | World Elder Abuse Awareness Day

This day is an official United Nations International Day acknowledging the significance of elders abuse as a public health and human rights issue.

Look for the purple illumination of the Highlevel Bridge on Saturday, June 15.

[Get the WEAAD Toolkit >](#)

If you or someone you know may be experiencing elder abuse, please contact the Elder Abuse Resource and Supports (EARS) at 780-477-2929 or the Sage Seniors Safe House at 780-702-1520 for support.



Sunday, June 16 | Father's Day

An unofficial holiday to show appreciation for fathers and father figures.



National Indigenous Peoples Day

Many Indigenous groups and communities have celebrated their culture and heritage on June 21 because of the significance of the summer solstice as the longest day of the year.

[Learn more about and how you can participate >](#)



June 21 | 10:00 am to 1:30 pm

Celebrate National Indigenous Peoples Day with **Bent Arrow Traditional Healing Society**.

This is a FREE event.

[Learn more >](#)

Disclaimer: We endeavour to acknowledge and honour days of significance to the best of our knowledge, which may be of interest to the senior sector that we serve. If you notice an error or omission kindly contact us at communications@seniorscouncil.net.

Resources & Learning Opportunities



Alberta Association on Gerontology

Network Dinner & AGM

June 18 | 5 pm

Speakers: Assistant Deputy Ministers




"Seniorsville": Imagining what a future without ageism would look like? How would this transform our city?

June 7 | 3 pm

Landmark Cinemas 9, Edmonton City Centre

[Download the poster](#)

[Get tickets](#)



Want more events?

You can find additional events on our website calendar. We regularly post events here, so you can get event updates in between Link Letters. We post events and learning opportunities for both older Edmontonians and organizations.

Have an event to promote?
Submit it using our online submission form!

[Submit Event](#)

ESCC Updates

Supporting Senior Diversity

ESCC is excited to announce that this fall we will launch the **Community-led Research and Inclusion of Seniors through Policy** (CRISP) project supported by the City of Edmonton Community Safety and Well-being Collaboration grant. The CRISP project engages community-based seniors serving organizations, older adults, and program funders to help inform, co-develop and co-implement equitable policies, procedures, standards and/or guidelines for the inclusion of the full diversity of seniors and their well-being across the Seniors Sector. Checkout upcoming issues of Link Letter for more information!

The latest editions of Link Letter are available on our [website](#).



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Website

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