



EDMONTON
**Age Friendly
Alliance**

Let's Talk About Ageism!

A Toolkit to Start the Conversation

CONVERSATION CAFÉ ON AGEISM

Join us to share your perceptions and experiences of ageism and its impacts, as well as your ideas to address it.

What is a Conversation Café?

A Conversation Café is a relaxed gathering where people come together to engage and talk about specific topics in a casual and open manner. The idea is to create a welcoming space where everyone's voice is valued and there's no pressure to be an expert or reach a specific conclusion.

What is Ageism?

"Ageism is "the stereotypes (how we think), prejudice (how we feel) and discrimination (how we act) towards others or oneself based on age."

World Health Organization, 2020

Date:

Time:

Location:

Registration:

For more information, please contact: